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Girl Hunter: Revolutionizing The Way We Eat, One Hunt At A Time



Synopsis

What happens when a classically-trained New York chef and fearless omnivore heads out of the city and into the wild to track down the ingredients for her meals? After abandoning Wall Street to embrace her lifelong love of cooking, Georgia Pellegrini comes face to face with her first kill. From honoring that first turkey to realizing that the only way we truly know where our meat comes from is if we hunt it ourselves, Pellegrini embarks on a wild ride into the real world of local, organic, and sustainable food. Teaming up with veteran hunters, she travels over field and stream in search of the main course—from quail to venison and wild boar, from elk to javelina and squirrel. Pellegrini's road trip careens from the back of an ATV chasing wild hogs along the banks of the Mississippi to a dove hunt with beer and barbeque, to the birthplace of the Delta Blues. Along the way, she meets an array of unexpected characters—from the Commish, a venerated lifelong hunter, to the lawyer-by day, duck-hunting-Bayou-philosopher at dawn—who offer surprising lessons about food and life. Pellegrini also discovers the dangerous underbelly of hunting when an outing turns illegal and dangerous. More than a food-laden hunting narrative, *Girl Hunter* also teaches you how to be a self-sufficient eater. Each chapter offers recipes for finger-licking dishes like: wild turkey and oyster stew stuffed quail pheasant tagine venison sausage fundamental stocks, brines, sauces, and rubs suggestions for interchanging proteins within each recipe Each dish, like each story, is an adventure from beginning to end. An inspiring, illuminating, and often funny journey into unexplored territories of haute cuisine, *Girl Hunter* captures the joy of rolling up your sleeves and getting to the heart of where the food you eat comes from.

Book Information

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Customer Reviews

I like hunting, I like cooking, so I thought this book would be a good read and addition to my library. The recipes are certainly useful, but there are plenty of wild game recipes out there if one looks. The rest of the book is a narrative of her fun with friends who take her hunting in lavish ways. As far as an introduction to hunting it is useless- she never misses, never has to scout, or even walk that much. If you have a friend that owns a few thousand acres, has hunted there for decades and will hold your hand through the entire hunt, this book will be a great introduction. If you want to go from the meat aisle in the grocery to bringing home some game and you should keep looking. She does mention a few times that she is engaging in once-in-a-lifetime hunting trips, which is great for her memoirs and self-marketing. This does not help anyone to understand how to hunt their own meat. I want to eat venison more than once in my life, and spend under \$10,000 to do it. Her one hunting trip on public land is also her worst hunting trip, what message is that conveying? It is great if you own your own ranch or club, or have a guide take you out, but that is not a way to get regular meat for the table. That is a vacation for most of us. I had hoped to read some reflection and thoughts on *why* we hunt or the state of hunting today. That was almost completely lacking, perhaps 6 pages in the entire book had any reflection. The thinking, what there was, was more like fortune cookie thoughts- "it woke something primal in me", "I feel a connection with nature", etc. I think the quotes she grabbed from other writers were the 'philosophy' part of the book. Generally, this book was as the title describes- a girl hunting. She is taken care of every step of the way, self-absorbed, and shallow. It does not describe the many women and men who hunt for their meat in the United States.

Not Impressed I lost interest in this book about half way through when it became apparent that all of the hunting the author does is on hunting preserves or private land where she pays someone to take her to the animals so she can shoot them. To be fair, I only read half this book and stopped because I was bored to death by the time I got to the part about her shooting all kinds of birds on a multi-million dollar hunting operation in Texas that caters to its wealthy clientele. Ms. Pellegrini's desire to understand and appreciate where her food comes from by hunting for it is commendable, however, she unfortunately proves that it is not an experience most people can appreciate - unless they are wealthy. She missed an opportunity to experience hunting in its truest form because she chose to take a short cut and pay someone else to do the legwork. Learning the art and craft of hunting takes time and study to gain the knowledge of the ways of animals and their ecology, to know their habits and habitat and to become a part of the predator/ prey relationship. I think there

are much better reads out there about hunting and foraging than this one.

I am an avid hunter and read this book after recently reading *Call of the Mild* by Lily Raff McCaulou. Others have given very accurate reviews of this book (look at the 3, 2, and 1 star reviews) so I will keep mine short. Georgia's stories are shallow and do not reflect the true meaning or purposefulness of hunting. Instead she presents hunting as a "sport" for rich people that can afford to hunt at multimillion dollar "camps", drink too much, and have little to no respect for the animals they take. She even seems to brag about how expensive it all is and how "in" she is. If you want to know about hunting, are unsure about how you feel about hunting, or just want to hear what real hunters feel about the subject PLEASE do not base your opinions on this junk. Read a book like *Call of the Mild* that really expresses the emotion and meaning inherent in hunting. This book is truly a black-eye for all hunters.

This book is nothing what I expected. She really doesn't get it all. Please read "*Call of the Mild*" and don't waste your money on this. Recipes sound good, but who really keeps that stuff in their pantry? 'Rich girl plays hunter' should be the title. Not impressed at all. I am a "girl hunter" and this book is lacking in every aspect.

This is easily my favorite book to have read in years. I've taught hunter education a few times and currently work at a sporting goods store and very often recommend it to people who are new to outdoor sports or might be considering joining us. I'm exceedingly thankful she wrote this as we need more people to see what a great cultural legacy we have that deserves appreciation.

I really enjoyed this book. It's well written and easy to read, it was also a different point of view than many of the hunting books I've read. The recipes to go along with the stories were a nice touch too. Happily recommended.

Wow! Speechless, at a loss for words to describe Ms Pellegrini's writing talent. It is that exceptional. Became fully immersed and engrossed in her colorful adventures, and repeatedly caught myself awe-struck by her writing skill. Shirked my work and other responsibilities until finishing. Didn't want the book to end. My perspective comes from having more books than may be prudent, reading four monthly outdoor magazines, and hunting pretty much non-stop from September through January plus turkeys in the Spring, all for more years than I care to admit. Of the

whole lot, there are very few writers that are good, about a half dozen that are excellent, and perhaps only two that are genuinely gifted. Ms Pellegrini is one of the two truly gifted writers I have and the privilege to read. Thank you Ms Pellegrini.

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